

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# June 2017

## Assisted Living Residence

<p>9:30 am Stations- P 10:30 am Front Page News- P <b>1:15 pm Scenic Ride</b> 3:00 pm Meditation- CH 6:00 pm Word Competition- P</p>	<p>9:15 am Cycling- P 10:00 am Library Visit- LR 10:30 am Twister Toss- P 11:30 am Piano Music- P 1:15 pm Walking and Talking 2:00 pm Bingo- DR <b>3:00 pm Ballston Spa Senior Chorus- P</b> 4:30 pm Horoscopes- P 6:00 pm Spinners &amp; other games- P <b>Therapy Dog Visit</b></p>	<p>9:15 am Stretch and Flex- P <b>10:00 am Josh Wein Performance- P</b> 11:30 am Trivia- P 1:15 pm Resident Store 2:00 pm Pokeno- P <b>3:00 pm Presbyterian Services with Pastor Pam</b> 3:30 pm Men's Networking- AR 4:30 pm Chicken Soup for the Soul- P <b>6:00 pm Abundant Life Church- LR</b> <b>Salon Open</b></p>	<p><b>9:30 am Episcopal Services with Lynne Crimi- LR</b> 10:30 am Beach Body Workout- P 11:30 am Trivia- P 1:15 am Walking and Music on the Patio 2:00 pm Bingo- DR 3:30 pm Stations-P 4:30 pm Riddle me this- P 6:00 pm Crafting and Puzzles- AR</p>	<p>9:15 am Music and Movement- P <b>10:30 am Painting Party with Janelle- P</b> 1:15 pm Crosswords Competition- P 2:00 pm Flower Arrangements- AR 3:30 pm Dice Roulette- P 4:30 pm Dear Abby- P</p>	<p><b>9:30 am Catholic Services Led by Corpus Christi</b> 10:30 am Doughnuts from Dunkin- P 1:15 pm Walking with Weights 2:00 pm Bingo- DR <b>3:00 pm Happy Hour with Cliff Allen- P</b> 4:30 pm- History of Doughnuts- P <b>National Doughnut Day</b></p>	<p>9:15 am Dance Movement- P 10:30 am Spinners- P 1:15 pm Pokeno- P 2:30 pm Music on the Patio 3:30 pm DIY Mad libs- P 6:00 pm Movie Night!- P</p>
<p>9:30 am Stations- P 10:30 am Front Page News- P <b>1:15 pm Scenic Ride</b> 3:00 pm Meditation- CH 6:00 pm Word Competition- P</p>	<p>9:15 am Cycling- P 10:00 am Library Visit- LR 10:30 am Twister Toss- P 11:30 am Piano Music- P 1:15 pm Walking and Talking 2:00 pm Bingo- DR <b>3:00 pm Ballston Spa Senior Chorus- P</b> 4:30 pm Horoscopes- P 6:00 pm Spinners &amp; other games- P <b>Therapy Dog Visit</b></p>	<p>9:15 am Stretch and Flex- P <b>10:00 am Josh Wein Performance- P</b> 11:30 am Trivia- P 1:15 pm Resident Store 2:00 pm Pokeno- P <b>3:00 pm Presbyterian Services with Pastor Pam</b> 3:30 pm Men's Networking- AR 4:30 pm Chicken Soup for the Soul- P <b>6:00 pm Abundant Life Church- LR</b> <b>Salon Open</b></p>	<p><b>9:30 am Episcopal Services with Lynne Crimi- LR</b> 10:30 am Beach Body Workout- P 11:30 am Trivia- P 1:15 am Walking and Music on the Patio 2:00 pm Bingo- DR 3:30 pm Stations-P 4:30 pm Riddle me this- P 6:00 pm Crafting and Puzzles- AR</p>	<p>9:15 am Chair Yoga- P 10:30 am Baking Group- AR 11:30 am Word Games- P 1:15 pm Patio Chats 2:00 pm Dice Roulette- P 3:30 pm Crafting with Yarn- AR 4:30 pm Dear Abby- P <b>Therapy Dog Visit</b></p>	<p><b>9:30 am Catholic Services Led by Corpus Christi</b> 10:30 am Music and Movement- P 11:30 am Cranium Crunches- P 1:15 pm Exploring the Ocean- LR 2:00 pm Bingo- DR <b>3:00 pm Happy Hour with the Wrinkled Ramblers- P</b> 4:30 pm Who am I?- P</p>	<p>9:15 am Fresh Squeezed Lemons- AR 10:30 am Walking with Weights 1:15 pm Iced- Tea Social 2:00 pm Pokeno- P 3:30 pm Manicures and Magazines- AR 4:30- Weekend News- P 6:00 pm Movie Night!- P <b>National Iced-tea Day</b></p>
<p>9:15 am Dance Movement- P 10:30 am Arm Chair Travels- LR 1:15 pm Cyber seniors- LR 2:00 pm Wheel Of Fortune- P 3:30 pm Stained Glass- AR 4:30 pm Silly Little Poems- P 6:00 pm Word Competition- P <b>Happy Birthday Grace C.</b></p>	<p>9:15 am Strength Training- P <b>10:30 am Bible Stories with the Lincolns- CH</b> 11:30 am Easy Listening Music- P <b>1:15 pm Rosary with Corpus Christi- CH</b> 2:00 pm Bingo- DR 3:30 pm Mocktail Party- P 6:00 pm Spinners &amp; other games- P <b>Therapy Dog Visit</b></p>	<p>9:15 am Cycling- P 10:30 am Sing Along- P 11:30 am Trip Sign-up- P 1:15 pm Resident Store 2:00 pm Pokeno- P 3:30 pm Men's Networking- AR 4:30 pm Chicken Soup for the Soul- P <b>Salon Open</b></p>	<p><b>9:30 am Episcopal Services with Lynne Crimi- LR</b> 10:30 am Walking and Flag Waving <b>11:30 am Trip to Jersey Mikes</b> <b>2:30 pm Red White &amp; Blue Music with the Back Porch Pickers- P</b> 3:30 pm Stations-P 6:00 pm Crafting and Puzzles- AR  Flag Day (US)</p>	<p>9:15 am Beach Body Workout- P 10:30 am Baking Group- AR 11:30 am Word Games- P 1:15 pm Summer Collages- AR <b>2:00 pm Entertainment by Tom Abbot- P</b> 3:30 pm Flower Arrangements- AR 6:00 pm Dear Abby- P <b>40th Annual National Nursing Assistant Day</b></p>	<p><b>9:30 am Catholic Services Led by Corpus Christi</b> <b>10:30 am Scenic Ride</b> 1:15 pm Chair Yoga- P 2:00 pm Bingo- DR <b>3:00 pm Happy Hour with Jerry Romeo- P</b> 4:30 pm What am I?- P</p>	<p>9:15 am Music and Movement- P 10:30 am Manicures and Magazines- AR <b>1:30 pm Music with Tony and Alex- P</b> <b>2:00 pm- 4:00pm Games with the Girl Scouts</b> 6:00 pm Movie Night!- P</p>
<p>9:15 am Coffee and News- P 10:30 am Arm Chair Travel- LR 11:30 am Swedish fish Cards- AR 1:15 pm Dad Bod Workout <b>2:00 pm Hymns with Pastor Rob- P</b> 2:00 pm Dogs and Dads- Patio 3:30 pm Beer Tasting- P 4:30 pm Bad Dad Jokes- P  Father's Day</p>	<p>9:15 am Dance Movement- P 10:30 am Inflatable Ring Game- P 11:30 am Guitar Music- P 1:15 pm Walking and Talking 2:00 pm Bingo- DR 3:30 pm Patio Chats 4:30 pm Horoscopes- P 6:00 pm Spinners &amp; other games- P <b>Therapy Dog Visit</b></p>	<p>9:15 am Strength Training- P 10:30 am Walking and Talking <b>11:00 am Men's networking trip: 76 Diner</b> 2:00 pm Pokeno- P <b>3:00 pm Presbyterian Services with Pastor Pam</b> 3:30 pm Milkshakes- Patio 4:30 pm Chicken Soup for the Soul- P <b>6:00 pm Abundant Life Church- LR</b> <b>Salon Open</b> <b>National Milkshake Day</b></p>	<p><b>9:30 am Lutheran Service with Pastor Gary- CH</b> 10:30 am Cycling- P 11:30 am Trivia- P 1:15 pm What's My Line?- P 2:00 pm Bingo- DR 3:30 pm Stations-P 4:30 pm Riddle me this- P 6:00 pm Crafting and Puzzles- AR  Summer Begins</p>	<p>9:15 am Stretch and Flex- P 10:30 am Baking Group- AR 11:30 am Word Games- P 1:15 pm Patio Chats 2:00 pm Dice Roulette- LR 3:30 pm Cyber seniors- LR 4:30 pm Dear Abby- P <b>Therapy Dog Visit</b></p>	<p><b>9:30 am Catholic Services Led by Corpus Christi</b> 10:30 am Beach Body Workout- P 11:30 am Cranium Crunches- P 1:15 pm The Sweetest Ball Game ever- P 2:00 pm Bingo- DR <b>3:00 pm Happy Hour with the Heartstrings</b> 4:30 pm Who am I?- P</p>	<p>9:15 am Chair Yoga- P 10:30 am Meditation- CH 1:15 pm Afternoon Stroll 2:00 pm Pokeno- P 3:30 pm Manicures and Magazines- AR 4:30 pm Weekend News- P 6:00 pm Movie Night!- P</p>
<p>9:15 am Music and Movement- P <b>10:30 am Hymns with the Lincolns- LR</b> 1:15 pm Cyber Senior- LR 2:00 pm Dice Roulette- P 3:30 pm Conversational Coffee- P 4:30 pm Mystery Stories- P 6:00 pm Word Competition- P <b>Happy Birthday Izola N.</b></p>	<p>9:15 am Morning Stretches- P <b>10:30 am Bible Stories with the Lincolns- CH</b> 11:15 am Music on the Patio 1:15 pm Walking with Weights 2:00 pm Bingo- DR 3:30 pm Dice Roulette- P 4:30 pm Horoscopes- P 6:00 pm Spinners &amp; other games- P <b>Therapy Dog Visit</b></p>	<p>9:15 am Dance Movement- P 10:30 am Meditation- CH 11:30 am Trivia- P <b>1:15 pm Catholic Mass with Father Rick- LR</b> <b>2:00 pm Food &amp; Resident Council Meeting- DR</b> 3:30 pm Men's Networking- AR 4:30 pm Chicken Soup for the Soul- P <b>Salon Open</b></p>	<p><b>9:30 am Episcopal Services with Lynne Crimi- LR</b> <b>11:00 am Picnic at Saratoga State Park</b> 2:00 pm Bingo- DR 3:30 pm Stations-P 4:30 pm Quick Strength Training- P 6:00 pm Crafting and Puzzles- AR</p>	<p>9:15 am Cycling- P 10:30 am Baking Group- AR 11:30 am Word Games- P 1:15 pm Patio Chats <b>2:00 pm Top Hat Entertainment- ALR</b> 3:30 pm Flower Arrangements- AR</p>	<p><b>9:30 am Catholic Services Led by Corpus Christi</b> 10:30 am Stretch and Flex- P 11:30 am Cranium Crunches- P 1:15 pm Wheel of Fortune- P 2:00 pm Bingo- DR <b>3:00 pm Happy Hour with Guytonno- P</b> 4:30 pm What am I?- P</p>	<p>Location Key: Dining Room: DR, Activity Room: AR, Chapel: CH, Living Room: LR, Piano Parlor: P  All Activities are led by Brittney, Valerie, Shannon, Kathleen &amp; Michaela as well as the care staff.  <b>All Activities are subject to change.</b></p>

This Activity Calendar was created by Brittney Clarke, Activities Director. If you have any questions or comments please call 518-581-2800 or email [BClarke@hgshomes.com](mailto:BClarke@hgshomes.com)