

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2019

Assisted Living Residence

<p>Super Bowl Sunday 3</p> <p>9:00 am Current Events- P 9:30 am Sit & Tone-P 10:00 am Ping Pong Toss-P 10:30 am Poke no-P 1:15 pm Dice Game-P 2:00 pm Baptist Service Ballston Lake Church-P 3:15 pm Superbowl Trivia & Snacks 4:15 pm Superbowl pregame</p>	<p>9:00 am Current Events- P 4 9:30 am Stretch & Flex-P 10:00 am Outing-Mall Walks 10:00 Ping Pong Toss-P 10:30 am Library Cart-LR 11:00 am Guess The Word-P 1:15 pm Finishing Lines-P 2:00 pm Bingo DR 3:15 pm Yahtzee-P 4:15 pm Chicken Soup Readings Happy Birthday Alice M.</p>	<p>9:00 am Current Events- P 5 9:30 am Exercise w/weights-P: 10:00 am Ball Toss-LR 11:00 am Crafting for New Year-P 12:00 pm Ladies Luncheon-Chinese-P 1:30 pm Chinese Zodiac-P 2:00 pm Chinese New Year's Fun Facts & Snacks-P 3:00 pm Presbyterian Service-LR 3:45 pm Scrabble-P <small>Chinese New Year</small></p>	<p>9:00 am Current Events- P 6 9:30 am Episcopal Church-LR 10:30 am Stretch & Flex-P 11:00 am Go Fishing-P 1:15 pm Finish the Duo-P 1:15 pm Knit & Crochet group-P 2:00 pm Bingo DR 3:00 pm Crafting Hour-DR 4:15 pm Cards 6:30 pm Movie Night-LR</p>	<p>9:00 am Current Events- P 7 9:30 am Chair Yoga-P 10:00 am Dollar Store Outing 11:00 am Flower Arranging-AR 1:15 pm Spelling Bee-P 2:00 pm Poke-no-P 3:00 pm Sip & Paint with Janelle-P 4:30 pm Afternoon Stories-P</p>	<p>National Dark Chocolate Day 1 9:00 am Current Events- P 9:30 am Balloon Badminton-LR 10:00 am Catholic Service- LR 11:00 am Shepherd Store-P 11:30 am Lunch Outing 2:00 pm Bingo – DR 3:00 pm Happy Hour with John Hill-DR 4:15 pm Cards-Rummy-P</p>	<p>Ground Hog Day 2 9:00 am Current Events-P 9:30 am Manicures & Magazine's AR 10:30 am Weight Lifting-P 11:00 am Famous Quotes-P 1:15 pm Ground Hog Day Trivia 2:00 pm Music w/Back Porch Pickers-DR 3:30 pm Parlor Games-P 4:30 Readings-P <small>Ground Hog Day</small></p>
<p>9:00 am Current Events- P 10 9:30 am Weight lifting-P 10:00 am Hot Coca and Comics-H 10:30 am Valentine's Cards-P 1:15 pm Hangman-P 2:00 pm Hymns with Pastor Rob-LR 4:00 pm Yahtzee-P 6:15 pm Parlor Games-P</p>	<p>9:00 am Current Events- P 11 9:30 am Stretch & Flex-P 10:00 am Crossword Puzzles 10:30 am Bible Stories W/ the Lincolns- P 1:15 pm Cards 2:00 pm Bingo DR 3:15 pm Price Is Right-P 4:30 pm Readings-P</p>	<p>9:00 am Current Events- P 12 9:30 am Piano with Carol-P 10:45 am- Stretch & Flex-P 11:15 am 10 People who made a Difference-P 1:15 pm Dog Visits 2:00 pm Chuck Oakes-LR 3:30 pm Wii Bowling-LR 4:30 pm Cards-P 6:00 pm Special Guest Speaker-LR</p>	<p>9:00 am Current Events-P 13 9:30 am Episcopal Church-LR 10:30 am Music w/ Heart Strings-LR 11:15 am Knit & Crochet group-P 1:15 pm History of St. Valentine-P 2:00 pm Bingo DR 3:15 pm Baking Club-AR 4:30 pm Readings-P 6:00 pm Abundant Life Church-P</p>	<p>9:00 am Current Events 14 9:30 am Ball Toss 10:00 Valentine Hangman-P 1:15 pm Valentine Trivia-P 2:00 pm Valentine's Day Party w/Randy Rosette-DR 3:15 pm Flower Arranging-AR 4:15 pm Famous Couples-P <small>Valentine's Day</small></p>	<p>9:00 am Current Events-P 15 9:30 am Weight Lifting-P 10:00 am Catholic Church- LR 11:00 am Shepherd Store-P 1:15 pm Guess The Word-P 2:00 pm Bingo – DR 3:00 pm Birthday Bash with Tony & Alex-DR 4:15 pm Name 5 Game-P</p>	<p>9:00 am Current Events-P 16 9:30 am Stretch & Flex- DR 10:00 am Baking Club-AR 11:00 am How Many Words?-P 1:15 pm Match the Song to the Movie-P 2:15 pm Poke- no- P 3:30 pm Penny Ante-P 4:30 pm Readings-P</p>
<p>9:00 am Morning Stretch P 17 9:30 am Hot Chocolate & Comics-P 10:00 am Spa & Manicures-AR 11:00 am Apples to Apples-P 1:15 pm Just Draw It-P 2:00 pm Hymns with Lincolns-P 3:15 pm Arm Chair Traveler-China-LR 4:15 pm Uno-P</p>	<p>9:00 am Current Events- P 18 9:30 am Stretch & Flex-P 10:00 am Show & Tell-P 11:15 am Would You Rather-P 1:15 pm President's Day Trivia-Name the President-P 2:00 pm Bingo DR 3:00 pm Name That Tune-P 4:15 pm Chicken Soup Stories-P <small>Presidents' Day (US)</small></p>	<p>9:00 am Current Events- P 19 9:30 am Balloon Toss-P 10:15 am Crossword Puzzle-P 11:15 am Words in Words-P 1:15 pm Movie Outing 2:00 pm Poke-no-P 3:00 pm Presbyterian Service-P 3:30 Movie & Popcorn-LR 4:00 pm Cards-P</p>	<p>9:00 am Current Events- P 20 9:30 am Lutheran Church-LR 10:30 am Painting w/Mary-P 12:00 pm International Lunch-China-DR 1:15 pm Knit & Crochet group-P 1:15 pm Beading-P 2:00 pm-Bingo-DR 3:00 pm Craft-Bird Feeders-P 4:30 pm Penny Ante-P</p>	<p>9:00 am Current Events- P 21 9:30 am Stretch & Flex-P 10:00 am Fishing Game-P 10:30 am Cooking with Charity-P 11:15 am Trivia-P 1:30 pm Flower Arranging-AR 2:30 pm Hangman-P 3:30 pm Name That Tune-P 6:30 pm Movie Night-LR</p>	<p>9:00 am Current Events- P 22 9:30 am Exercise w/weights-P 10:15 am Finish the Phrase-P 11:00 am Crossword Puzzle-P 1:15 pm Name 5 Game-P 2:00 pm-Bingo-DR 3:00 pm Happy Hour w/Ody-DR 4:15 pm Chicken Soup Readings-P</p>	<p>9:00 am Current Events- P 23 9:30 am Stretch & Flex- DR 10:00 am Painting with Mary-P 11:00 am Scrabble-P 1:15 pm Academy Awards Discussion & Voting-P 2:00 pm Music with Laura Collins-DR 3:00 pm Mad Libs-P 4:00 pm Beading-P Happy Birthday Sally Q. & Eva R.</p>
<p>9:00 am Sitting Tai Chi-P 24 9:45 am Hot Chocolate & Current Events-P 10:30 am Academy Award Trivia 1:00 Spa Little Theater Outing 2:00 pm Poke-no-P 3:15 pm Academy Award Picks 3:30 pm Movie Matinee with Popcorn -LR Happy Birthday Alan H.</p>	<p>9:00 am Current Events- P 25 9:30 am Weight Lifting-P 10:00 am Knit & Crochet Group-P 10:00 am Baking Club-AR 11:15 am Jeopardy-P 1:15 pm Beading-P 2:00 pm Bingo – DR 3:00 pm Uno-P 4:00 pm Readings-P</p>	<p>9:00 am Current Events 26 9:30 am Piano with Carol-P 10:45 am That's It Word Game-P 1:15 pm Catholic Mass with Father Rick- LR 2:00 pm Food Forum & Resident Council Meeting-DR 3:15 pm Crafting Hour 4:30 pm Parlor Games-P 6:00 pm Movie Night-LR</p>	<p>9:00 am Current Events- P 27 9:30 am Episcopal Church-LR 10:30 Exercise Dice-P 11:15 am Knit & Crochet Group or Beading-P 1:15 pm Bowling Outing 2:00 pm Bingo-DR 3:00 pm Music/Jeff Walton-DR 4:15 pm Penny Ante-P 6:00 pm Abundant Life Church-P</p>	<p>9:00 am Current Events- P 28 9:30 am Stretch & Flex P 10:00 am Snow Ball Toss-P 10:30 am Would You Rather...P 1:15 pm Flower Arranging-AR 2:15 pm Yahtzee-P 3:30 pm Writer's Circle Readings and Reception-LR 4:30-pm Cards-P</p>		

Activities are led by Valerie, Mary, Chris, Kat, Volunteers, & Care Staff. Activities are subject to change. If you have any questions or comments please call Trudi Cholewinski @ (518) 581- 2800

