

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Home of the Good Shepherd Wilton Location						9:30 St. Clements Communion Rite 10:15 Koffee Klatch 10:30 Bridge Club 10:30 Rummikube 1:15 topics Volleyball 2:00 WII Golf
9:30 Rosary Society 2 10:00 Mass 11:15 Chocolate Bingo 1:15 Bingo Part 2 2:30 Work out with Gary 3:15 Shared Reading: 5 People in Heaven! 4:00 Lawrence Welk	9:30 Simply Stretch or circle walk 10:15 Scenic Ride: Saratoga Lake Shore 10:00 Bridge Club 11:30 Rosary Society 1:30 Knitting with Helen 2:30 Chair Yoga with Susan 3:30 Resident Choice	9:30 Walmart outing 4 10:00 Languages of the World: French 10:30 Flower Shop 11:30 Rosary with Natalie 1:30 Dollar Bingo 3:00 Topics Volleyball	9:00 Salon Opens 5 9:30 Light Weight Workout 10:15 Manicures Wednesday Spa Day 11:00 Pinochle with Joyce 2:00 Chuck Oakes Performs	9:30 Circle Walk or Simply Stretch 6 10:30 CWI Store 11:15 Shake up a Memory 1:30 Quarter Bingo 3:00 Mexican Train Dominoes	9:30 Guided Meditation 7 10:00 Rummikub 11:30 Lunch outing: KFC 1:30 Mr. Ding a Ling 2:30 Happy Hour with Cole Broderick 3:30 Making Flower pens 4:00 Guided Med.	9:30 St. Clements 8 Communion Rite 10:15 Koffee Klatch 10:30 Bridge Club 10:30 Rummikube 11:30 Rosary Society 1:30 WII Bowling 3:00 You be the Judge
9:30 Rosary Society 9 10:00 Mass 11:15 Chocolate Bingo 1:15 Bingo Part 2 2:30 Work out with Gary 3:15 Shared Reading: 5 People in Heaven! 4:00 Lawrence Welk Shavuot	9:30 Simply Stretch or circle walk 10 10:00 Sacred Origins of Profound things Class 11:30 Rosary Society 1:30 Knitting with Helen 2:00 WII Water Skiing 3:30 Paint/ Sip with Jannelle	9:30 Walmart Outing 11 10:00 Hearing Aid Clinic 10:00 Lou Allen Performs 11:00 Protestant Service 1:30 Dollar Bingo 3:00 Parlor Games	9:00 Salon Opens 12 9:30 Light Weight Workout 10:15 Manicures and Wednesday Spa Day 1:30 Garden Club 3:00 Shake up a Memory	9:30 Light Weight Workout 13 10:00 Tour Saratoga Battlefield and Monument 1:30 Quarter Bingo 3:00 Rich and Famous Trivia Game	Take me out to the Ball Game Day! 14 See Daily Board for Today's Activities! 11:00 to 1:30 Base Ball Games 12:00 Ball Park Lunch 1:30 Mr. Ding a Ling! 2:45 Guytonno Performs Flag Day (US)	9:30 St. Clements 15 Communion Rite 10:15 Koffee Klatch 10:30 Bridge Club 10:30 Rummikube 11:30 Rosary Society 1:30 WII Bowling 3:00 You be the Judge
9:30 Rosary Society 16 10:00 Mass 11:15 Chocolate Bingo 12:00 Honoring Dad BBQ 2:00 "Stepping Stones Band" 3:00 Bingo Part 2 Father's Day	9:30 Simply Stretch or circle walk 17 10:00 Religions of the World: Judaism 11:00 Topics Voilleyball 1:30 Knitting with Helen 2:00 Swap Shop 2:30 Joe Gorman performs	9:30 Walmart Outing 18 10:00 Philosophy of Comparative Religions 10:30 Flower shop 11:30 Rosary with Natalie 1:30 Dollar Bingo 3:00 Hymn Sing	9:00 Salon Opens 19 9:30 Light Weight Workout 10:15 Manicures and Wednesday Spa Day 1:15 Shepherd's Strikers 2:00 Tommy Frame Performs 3:30 Cards	9:30 Forever Fit Exercise 20 10:00 Philosophy 101 10:30 CWI Store 1:30 Resident Council 3:00 Quarter Bingo 4:00 Work out with Gary 6:00 Movie t.b.d.	9:30 Guided Meditation 21 10:00 Weight Workout 11:30 Lunch Outing: Shirley's Diner 2:30 Happy Hour with Jeff Farkas Summer Begins	9:30 St. Clements 22 Communion 1:30 WII Bowling 10:15 Koffee Klatch 10:30 Bridge Club 10:30 Rummikube 11:30 Rosary Society 1:30 WII Bowling 3:00 You be the Judge
9:30 Rosary Society 23 10:00 Mass 11:15 Chocolate Bingo 1:15 Bingo Part 2 2:30 Work out with Gary 3:15 Shared Reading: 5 People in Heaven! 4:00 Lawrence Welk	St. Jean Baptiste Quebec Appreciation Day 24 See Activity Board for Activities Special French Canadian Lunch And Leg. Characters	9:30 Walmart Outing 25 10:00 Philosophy of Comparative Religions 11:00 Garden Club 11:30 Rosary with Natalie 1:30 Podiatrist Visits 2:30 Dollar Bingo 3:30 Poetry Club 4:15 Garden Club	9:00 Salon Opens 26 9:30 Light Weight Workout 10:15 Manicures and Wednesday Spa Day 11:00 Pinochle 2:00 Sam O'Sax performs	9:30 Chair Tai Chi 27 10:00 Food Forum 11:00 Topics Volleyball 1:30 Quarter Bingo 3:30 Work out with Gary 4:30 Lemonade and Porch Talk 6:00 Dean Martin Show	9:30 Guided Meditation 28 10:00 Weight Work out 11:30 Lunch Outing: Post Café 1:30 Contemporary Issues Discussion 3:00 Happy Hour with Jeff Walton	9:30 St. Clements 29 Communion Rite 10:15 Koffee Klatch 10:30 Bridge Club 10:30 Rummikube 11:30 Rosary Society 1:30 WII Bowling 3:00 You be the Judge
9:30 Rosary Society 30 10:00 Mass 11:15 Chocolate Bingo 1:15 Bingo Part 2 2:30 Work out with Gary 3:15 Shared Reading: 5 People in Heaven! 4:00 Lawrence Welk	This Calendar and Newsletter provided By Richard Russo, SSM, Activity Director. All Activities are led by Activity Staff or Care Staff on Duty and are held in the Activity Room. Should you have any questions or comments, please see a member of the Activity Team. Mary Samascott and Gary Blanchard Assistants. Daily activities include Varied Exercise Programs, Rosary Society, Evening News and Res. Choice Activities.					

June is National Great Outdoors Month and National learn French Month