

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:30 am Morning Stretch -P 10:15 am It Happened in March-P 11:00 am Crafting Hour-P 1:15 pm Word that Start with M-P 2:00 pm Baptist Church-P 3:15 pm Finish Crafts-P 4:00 pm Penny Ante-P	9:00 am News & Views-P 9:30 am Stretch & Flex-P 10:00 am Balloon Badminton-P 10:00 am Library Cart w/ Susan-LR 11:00 am Pictionary-P 1:15 pm Knit & Crochet Group-P 2:00 pm Bingo DR 3:00 pm Expressive Painting-P 4:00 pm Luck Dog Card Game-P	World Wildlife Day 9:00 am News & Views-P 9:30 am Resident Led Exercises-P 10:15 am Table Shuffleboard-P 11:00 am 1:15 pm Walking Group 2:00 pm Po-Keno 3:00 pm Presbyterian Service-LR 4:00 pm Big Cats Trivia-P	9:00 am News & Views-P 9:30 am Episcopal Service-LR 10:30 am Music w/Heartstrings-P 11:00 am Artists in Action Outing-Saratoga Library 1:15 pm Parlor Games-P 2:00 pm Bingo - DR 3:15 pm Crafting Hour-P 4:30 pm Cards-P	9:00 am News & Views-P 9:30 am Stretch & Flex P 10:15 am Baking Club 11:15 am Lunch Outing-Red Lobster 1:15 pm Flower Arranging-AR 2:00 pm Poke-no-P 3:15 pm Rummikube-P 4:30 pm Readings-P	9:00 am News & Views-P 9:30 am Balloon Badminton-P 10:00 am Catholic Service -LR 11:00 am Just a Buck Store-P 1:15 pm Walking Group 2:00 pm Bingo - DR 3:00 pm Music w/Jeff Walton-DR 4:15 pm 30 second Mysteries-P	9:30 am Stretch & Flex-P 10:00 am Ball Toss-P 10:30 am March Hangman-P 11:15 am Mad libs-P 1:15 pm Walking Group 2:00 pm Country Hill Cloggers-DR 3:30 pm Penny Ante-ALR P 4:30 pm Rummy Cards-P
International Woman's Day 9:30 am Morning Stretch -P 10:00 am Twister Bean Bag-P 10:45 am Famous Woman's Trivia-P 11:15 am Manicures-AR 1:15 pm Finish Manicures-AR 2:00 pm Hymns w/Pastor Rob-P 3:15 pm Sunday Matinee-LR 4:00 pm Daylight Saving Time Begins	9:00 am News & Views-P 9:30 am Thera-bands-P 10:00 am Twister Toss-P 10:30 am Bible Stories Lincolns-P 1:15 pm Knit & Crochet Group-P 2:00 pm Bingo - DR 3:15 pm Wine & Cheese Welcome New Residents Reception-P 4:30 pm Cards-P Purim Begins	9:00 am News & Views-P 9:30 am Balloon Badminton-P 10:15 am Crafting Hour-P 11:15 am Word in Words Game-P 1:00 pm Outing-Movies 2:00 pm-Movie Matinee-LR 4:00 pm Yahtzee-P 6:30 pm Music w/Eleven Woman Singing-P	9:30 am Episcopal Service-LR 10:30 am Table Shuffleboard-P 11:15 pm Price is Right-P 1:15 pm Walking Group 2:00 pm Bingo - DR 3:00 pm Music w/Alyssa-DR 4:15 pm That's It Word Game-P 6:00 pm Movie Night	9:00 am News & Views-P 9:30 am Sit n Tone-P 10:00 am Where in the World? 11:00 am Brown Bag Lunch Series Outing-SSPL 1:15 pm Walking Group 2:00 pm Sunshine Ministries-P 3:00 pm Flower Arranging 4:00 pm Trivia Time-P	9:00 am News & Views-P 9:30 am Bean Bag Toss 10:00 am Catholic Service -LR 11:00 am March Hangman-LR 1:15 pm Walking Group 2:00 pm Bingo - DR 3:00 pm Roaring 20's Happy Hour w/Guytono-DR 4:15 pm 30 Second Mysteries-P Happy Birthday Agnes D.	9:00 am Current Events-P 9:30 am Stretch & Flex-P 10:00 am Balloon Badminton-P 10:30 am St.Patty's Day Craft-P 1:15 pm Walking Group 2:00 pm Music w/ Brian Zapel-DR 3:30pm St. Patty's Day Shakes-P 4:00 pm Penny Ante-P Happy Birthday Ifigenia B.
Cultural Week-Ireland 9:30 am Morning Stretch -P 10:00 am Balloon Toss-P 10:30 am The Ides of March Superstitions-P 11:00 pm Arm-Chair Travelers-Ireland-P 1:15 pm Walking Group 2:00 pm Music w/ Paddy O'Sax-DR 3:15 pm Sunday Movie & Popcorn	Cultural Week-Ireland 9:00 am News & Views-P 9:30 am Stretch and Flex-P 10:00 am Beach Ball Toss-P 10:30 Music w/ Ballston Spa Seniors-P 1:15 pm Walking Group 2:00 pm Bingo - DR 3:00 pm St Patty's Day Craft-P 4:15 pm Cards-P	9:00 am News & Views-P 9:30 am Stretch & Flex- P 10:00 am Baking Club-St.Patty's Day 11:15 am Fact or Blarney? 1:30 pm St. Patty's Day Parade 2:00 pm St. Patty's Day Party-P 3:00 pm Presbyterian Service-LR 3:30 pm St. Patty's Day Trivia 6:00 pm Movie Night St. Patrick's Day	9:30 am Lutheran Service-LR 10:15 am Ladies Cooking Group- 11:15 am Reminisce & Discuss-P 12:00 pm Ladies Luncheon-P 1:15 pm Walking Group 2:00 pm Bingo - DR 3:00 pm Beach Volleyball-ALR VS ENH/MEM-DR 4:15 pm White Board Games-P Happy Birthday Mary Ann B.	9:00 am News & Views-P 9:30 Dollar Store Outing 10:15 am Spring Hangman-P 11:00 am Flower Arranging-AR 1:15 pm Walking group 2:00 pm Poke-no-P 3:30 pm Paint-n-sip w/Janelle-P 4:15 pm Rummikube-P 6:00 pm Movie Night-P Spring Begins	9:00 am News & Views-P 9:30 am Stretch & Flex- P 10:00 am Catholic Service -ALR 11:00 am Spring Trivia-P 1:15 pm Spring Scavenger Hunt 2:00 pm Bingo - DR 3:00 pm Spring Fling Happy Hour w/Bob Marcello-DR 4:15 pm Cards	World Poetry Day 9:00 am Current Events-P 9:30 am Stretch & Flex- P 10:00 am Bocce Ball-P 10:30 am Sing A Long-P 1:15 pm Walking Group 2:00 pm Music-Gary Taylor-DR 3:15 pm Scrabble-P 4:30 pm Readings-favorite poems-P
9:30 am News & Views-P 10:00 am Stretch & Flex-P 10:30 am Noodle Tennis-LR 11:00 pm Manicures-AR 1:15 pm Outside Walks 2:00 pm Hymns with The Lincolns-P 3:15 pm Sunday Movie & Popcorn-LR 4:00 pm Penny Ante-P	9:00 am News & Views-P 9:30 am Stretch and Flex-P 10:00 am Bean Bag Toss-P 10:30 am Bible Stories Lincolns-P 11:30 am Men's Networking Luncheon-Malta Diner 1:15 pm Knitting & Crochet group 2:00 pm Bingo - DR 3:15 pm Spring Craft-P 4:15 pm Rummikube-P	9:00 am News & Views-P 9:30 am Piano with Carol-P 10:30 am Balloon Volleyball-P 11:15 am Words in a bag-P 1:15 pm Catholic Mass w/Father Rick- LR 2:15 pm Food Forum & Resident Council Meeting-DR 3:30 pm Rootbeer Floats-P 4:15 pm Bunko-P 6:00 pm Abundant Life Church-P	9:30 am Episcopal Service-LR 10:30 am Baking Club-Birthday Cake-AR 11:15 am Trivia Time 1:15 pm Walking Group 2:00 pm Bingo - DR 3:00 pm Bean Auction-P 4:30 pm Yahtzee-P 6:00 pm Movie Night-LR	9:00 am News & Views-P 9:30 am NYS Museum Outing 10:15 am Balloon Volleyball-P 11:00 am Name That Tune-P 1:15 pm Flower Arranging-AR 2:00 pm Poke-no-P 3:15 pm Beading-P 4:15 pm Scrabble-P Happy Birthday Phyllis H.	9:00 am News & Views-P 9:30 am Stretch & Flex-P 10:00 am Catholic Service -LR 11:00 am Shepherd Store-ALR 1:15 pm Outside Walks- 2:00 pm Bingo - DR 3:00 pm Birthday Bash with Tony-DR 4:15 pm UNO-P	9:00 am News & Views-P 9:30 am Stretch & Flex-P 10:00 am Balloon Games-P 10:30 am Trivial Pursuit-P 1:15 pm Walking Club 2:00 pm Music w/ Laura Collins-P 3:30 pm Penny Ante 4:30 30 Second Mysteries-P
9:00 am News & Coffee-P 9:30 am Stretch n Flex 10:00 Sing Along 11:00 Wheel of Fortune 1:15 Walking Club 2:00 Poke-no-P 3:00 pm Piano with Bev Oudt-P 4:15 pm Cards-P 6:00 pm Sunday Movie &-LR Happy Birthday Alan D.	9:30 am News & Views-P 10:00 am Stretch & Flex-P 10:30 am Moving w/Carlos-ALR DR 1:15 pm Outside Walks 2:00 pm Bingo-DR 3:00 pm Painting with Frank-AR 4:00 pm Penny Ante-P 6:00 pm Movie Night-LR	9:00 am News & Views-P 9:30 am Stretch and Flex-P 10:00 am Bean Bag Toss-P 11:30 am Men's Networking Luncheon-Malta Diner 1:15 pm Knitting & Crochet group 2:00 pm Crafting Hour-P 3:30 pm Crossword Puzzle-P 4:30 pm Cards-P Happy Birthday Betty T.	<h1>March 2020</h1> <h2>Assisted Living Residence</h2> <p>LOCATION KEY: DR- Dining Room, LR- Living Room, P-Parlor, AR-Activity Room</p>			

Activities are led by Valerie, Alanah, Stephanie, Trudi & Volunteers, & Care Staff. Activities are subject to change. Any questions please contact Trudi Cholewinski@ 518-581-2800.