


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
 <h1>January 2019</h1> <h2>Assisted Living Residence</h2>		<b>Happy New Year's</b> 1 10:00 am Morning Stretch-P 10:30 am Current Events- & Hot Cocoa-P 11:00 am Ping- Pong Toss- P 1:15pm New Year's Traditions-P 2:00 pm Movie & Popcorn-LR 3:45 pm Cards-P  <small>New Year's Day</small>	9:00 am Current Events- P 2 <b>9:30 am Episcopal Service- LR</b> 10:30 Crafting Hour-P 1:15 pm It Happened In January Trivia-P <b>2:00 pm Bingo – DR</b> 3:00 pm Name That Tune-P 4:15 pm Board Games-P	<b>Fruit Cake Toss Day</b> 3 9:00 am Current Events- P 9:30 am Balloon Badminton-P 10:00 am Baking Club- AR <b>Noon-Men's Luncheon-P</b> 1:15 pm Flower Arranging-AR 2:15 pm Wii Bowling-LR 3:15 pm Penny Ante-P 4:30 pm History of Fruit Cake-P <b>Happy Birthday Marilyn C.</b>	<b>Trivia Day</b> 4 9:00 am Current Events- P 9:30 am Stretch & Flex-P <b>10:00 am Catholic Service- LR</b> <b>11:00 am Shepherd Store-P</b> 1:15 pm Random Trivia-P <b>2:00 pm Bingo-DR</b> <b>3:00 pm Happy Hour w/Randy Rosette-DR</b> 4:15 pm Cards-P <b>Happy Birthday Meg B.</b>	9:00 am Current Events-P 5 9:30 am Stretch and Flex-P 10:00 am Snow Ball Toss-P 10:45 am Hangman-P 1:15 pm Arm Chair Traveler-P <b>2:00 pm Music w/ Laura Collins-DR</b> 3:00 pm Famous Firsts Trivia-P 4:00 pm Penny Ante-P	
	9:00 am Exercise Dice-P 6 9:30 am Hot Cocoa & Comics-P 10:15 am Baking Club-AR 11:15 pm Manicures-AR 1:15 pm Three Kings Facts & Trivia-P <b>2:00 pm Baptist Church- LR</b> 3:15 pm Poke-no-P 4:15 pm Readings-P	9:00 am Current Events- P 7 9:30 am Stretch & Flex-P 10:00 am Ping Pong Toss-P 11:00 am Price Is Right-P 1:15 pm IN2L Trivia-P <b>2:00 pm Bingo – DR</b> 3:00 pm Crafting Hour-P 4:30 pm Cards-P	9:00 am Current Events-P 8 9:30 am Exercise w/weights-P 10:00 am Balloon Badminton-P 10:30 am Winter Hangman-P 2:00 pm Poke-no-P 3:30 pm Movie & Popcorn-LR 4:00 pm Penny Ante-P  <b>Happy Birthday Josephine M</b>	9:00 am Current Events- P 9 <b>9:30 am Episcopal Service- LR</b> <b>10:30 am Music-Heartstrings-LR</b> 1:15 pm Snow Trivia-P <b>2:00 pm Bingo-DR</b> 3:00 pm Sing A Long-P 4:00 pm Readings-P	9:00 am Current Events- P 10 9:30 am Stretch & Flex-P 10:00 am Balloon Badminton-P 10:30 am Family Feud-P <b>11:15 am Lunch Outing</b> <b>1:15 pm Trivia-P</b> <b>2:00 pm Poke-no-P</b> 3:15 pm Flower Arranging-AR	9:00 am Current Events- P 11 9:30 am Chair Yoga-P <b>10:00 am Catholic Service- LR</b> 11:00 am Price is Right-P 1:15 pm Dice Game-P <b>2:00 pm Bingo-DR</b> <b>3:00 pm Happy Hour Guytanno-DR</b> 4:15 pm Readings-P	9:00 am Current Events-P 12 9:30 am Stretch and Flex-P <b>10:00 am Bible Stories w/the Gideon's-P</b> 11:00 am Manicures-AR 1:15 pm Mad Libs-P <b>2:00 Music w/ Brian Z-DR</b> 3:15 pm Movie & Popcorn-LR
	9:00 am Coffee & Comics- P 13 9:30 am Exercise Dice- P 10:00 am Crafting Hour-P 11:00 am Manicures-AR 1:15 pm Beading-P <b>2:00 pm Hymns w/Pastor Rob-P</b> 3:00 pm Poke-no-P 4:15 pm Readings-P	9:00 am Current Events- P 14 9:30 am Twister Toss- P <b>10:30 am Bible Stories w/ the Lincolns-P</b> 1:15 pm Musical Memories <b>2:00 pm Bingo-DR</b> <b>3:15 pm Painting w/Janelle-P</b> 4:15 pm Cards-P	9:00 am Current Events-P 15 <b>9:30 am Piano with Carol- P</b> 10:45 am Stretch & Flex-P 11:15 am Ping Pong Toss-P <b>1:00 pm Movie Outing</b> 1:30 pm Movie & Popcorn-LR <b>3:00 pm Presbyterian Church-LR</b> 3:30 pm Parlor Games- P 4:15 pm Readings-P	9:00 am Current Events- P 16 <b>9:30 am Lutheran Service-LR</b> 10:30 am Pictionary- LR 1:00 pm Trivia-P <b>2:00 pm Bingo-DR</b> 3:00 pm Crafting Hour-P 4:15 pm Chicken Soup for the Soul-P	9:00 am Current Events-P 17 9:30 am Ball Toss-P <b>10:30 am Cooking w/Charity-P</b> 1:15 pm Hangman-P 2:00 pm Poke-no-P 3:00 pm Flower Arranging-AR 4:00 pm Yahtzee-P	<b>Winnie The Pooh Day</b> 18 9:00 am Current Events-P 9:30 am Exercise Class-P <b>10:00 am Catholic Service- LR</b> <b>11:00 am Shepherd Store</b> <b>2:00 pm Bingo-DR</b> <b>3:00 pm Happy Hour w/Jeff Walton-DR</b> 4:15 pm Readings-AA Milne	9:00 am Current Events 19 9:30 am Stretch & Flex- DR 10:00 am Ball Toss-P 10:30 Baking Club-AR 1:15 pm Penny Ante-P <b>2:00 Music w/ Gary T-DR</b> 3:30 pm Beading-P 4:30 pm Readings-P
	9:00 am Coffee & Comics- P 20 9:30 am Exercise Dice 10:00 am Crafting Hour 11:00 am Manicures-AR 1:15 pm MadLibs <b>2:00 pm Hymns w/Lincolns</b> 3:15 pm Poke-no-P 4:30 pm Readings-P	9:00 am Current Events- P 21 9:30 am Bean Bag Toss-P <b>10:00 am Mall Walks</b> 1:15 am Martin Luther King Day Trivia-P <b>2:00 pm Bingo-DR</b> 3:15 pm Beading-P 4:15 pm Uno-P  <small>Martin Luther King Day Tu B'Shevat</small>	9:00 am Current Events- P 22 9:30 am Exercise Class-P 10:00 am Cooking Club-AR 11:00 Trivia-P <b>Noon-Ladies Lunch Bunch</b> <b>1:15 pm Catholic Mass w/Father Rick-LR</b> <b>2:00 pm Resident Council-DR</b> 3:00 pm Beading-P 4:15 pm Cards-P <b>Happy Birthday Carl T.</b>	9:00 am Current Events- P 23 <b>9:30 am Episcopal Service-LR</b> 10:30 am Stretch & Flex-P 11:00 am Bean Bag Toss-P 1:15 pm Snow Ball Toss-P <b>2:00 pm Bingo-DR</b> <b>3:00 pm Music w/Bob Marcello-DR</b> 4:15 pm Readings-P	9:00 am Current Events 24 9:30 am Weights & Exercise -P 10:00 am Weight Lifting-P 10:30 am Crafting Hour-P <b>1:15 pm Museum Outing</b> <b>2:00 pm Poke-no-P</b> 3:15 pm Flower Arranging-AR 4:15 pm Cards-P	9:00 am Current Events-P 25 9:30 am Exercise Class-P <b>10:00 am Catholic Church- LR</b> 11:00 am Balloon Toss- P <b>2:00 pm Bingo – DR</b> <b>3:00 pm Tony &amp; Alex Birthday Bash-P</b> 4:15 pm Readings-P	9:00 am Current Events 26 9:30 am Stretch & Flex- DR 10:00 am Baking Club-DR 11:00 am Ball Toss-P 1:15 pm Trivia-P 2:00 pm Poke- no- P 3:15 pm Beading-P 4:15 pm Readings-P
	9:00 am Current Events- P 27 9:30 am Coffee and Comics-P 10:00 am Stretch and Flex-P 10:30 Painting Class-P 1:15 pm Hangman-P 2:00 pm Movie & Popcorn 4:00 pm Penny Ante-P	<b>Hug a Koala Bear</b> 28 9:00 am Current Events-P 9:30 am Stretch and Flex-P 10:00 am Jeopardy-P <b>11:15 Outback Lunch Outing</b> <b>2:00 pm Bingo-DR</b> 3:15 pm Uno-P 4:00 pm Fun Facts-Australia-P  <small>Australia Day (observed)</small>	<b>National Puzzle Day</b> 29 9:00 am Current Events- P <b>9:30 am Piano with Carol-P</b> 10:30 am Stretch & Flex 11:15 am Cranium Crunches 1:15 pm How Much Does It Cost?-P 2:15 pm Poke-no-P 3:30 pm Crossword Puzzles-P 4:30 pm Floor Puzzle	9:00 am Current Events- P 30 9:30 am Stretch & Flex-P 10:15 am Baking Club-AR 11:15 am IN2L Trivia-P <b>1:15 pm \$ Store Outing</b> <b>2:00 pm Bingo-DR</b> 3:15 pm Movie & Popcorn 4:30 pm Readings-P  <b>Happy Birthday Florence H.</b>	<b>National Inspire Art Day</b> 31 9:00 am Current Events- P 9:30 am Exercise Ball-P 10:15 am Painting Class-P 11:15 am Snowman trivia-P 1:15 pm Penny Ante-P 2:00 pm Snowman Craft-P 3:30 pm Finish the word "White" 4:00 pm Beading or Flower Arranging-P/AR	<h3>LOCATION KEY: DR- Dining Room, L- Living Room, P-Parlor, AR-Activity Room, CH-Chapel</h3>	

Activities are led by Valerie, Mary, Chris, Kat, Volunteers, & Care Staff. Activities are subject to change. If you have any questions or comments please call Trudi Cholewinski @ (518) 581- 2800