

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00 am Current Events-P 1 10:00 am Balloon Badminton- P 11:00 am Manicures-AR 1:15 pm Walking Club 2:00 pm Baptist Church- P 3:00 pm Craft Time-P 4:15 pm Readings-P 6:00 pm Movie Night -LR	9:00 am Current Events-P 2 9:30 am Stretch and Flex-P 10:00 am What's My Job?-P 11:00 am Name That Job Tune-P 1:15 pm Walking Club 2:00 pm Bingo-DR 3:15 pm Labor Day Movie & Popcorn-LR 4:00 pm Reminisce My Funniest Job-Porch Labor Day	9:00 am Current Events-P 3 9:30 am Balloon Toss-P- 10:15 am Name that Tune-P 11:15 am Outing-Free Concert @ Proctor's 1:15 pm Dog Visits w/ Suzie and Melinda 2:00 pm Poke-no-P 3:00 pm Presbyterian Svc-P 4:15 pm Cards-P	Price is Right Day 4 9:00 am Current Events-P 9:30 am Episcopal Service LR 10:30 am Baking Club-AR 11:30 am Price Is Right Game-P 1:15 pm Walking Group 2:00 pm Bingo-DR 3:00 pm Music w. Back Porch Pickers-DR 4:15 pm- Cards-P 6:00 pm Mid-Week Movie Night-	9:00 am Current Events-P 5 9:30 am Stretch & Flex-P 10:15 am Flowering Arranging-AR 11:15 am Outing-Saratoga County OFA Picnic 2:00 pm Pokeno-P 3:30 pm Scattogories-P 4:30 pm Front Porch Chats	9:00 am Current Events-P 6 9:30 am Exercise-P 10:00 am Catholic Service – LR 11:00 am Traveling Store-P 1:15 pm Walking Club 2:00 pm Bingo-DR 3:00 pm Happy Hour with Brian Zappel-DR 4:15 pm Readings-P	9:00 am Current Events-P 7 9:30 am Stretch & Flex-LP 10:00 am Apple Painting Craft-P 11:15 am Front Porch Trivia 1:15 pm Walking Club 2:00 pm Music with Gary Taylor-DR 3:30 pm Beading with Kat-P 4:30 pm Cards-P
National Assisted Living Week 8 9:00 am Current Events-P 9:30 am Exercise Ball-P 10:00 am Beach ball Toss-P 10:30 am Manicures 1:15 pm Walking Club 1:45 pm Grandparents Trivia-P 2:15 pm Hymns with Pastor Rob-P 3:15 pm Spark of Creativity-Fall Collages Grandparents' Day	9:00 am Current Events-P 9 9:30 am Stretch and Flex-P 10:15 am Re-Leaf Impressions Craft-P 11:15 am Proclamation of Assisted Living Week-P 1:15 pm Walking Group-DR 2:00 pm Bingo-DR 3:15 pm Pictionary-P 4:30pm Cards-P	9:00 am Current Events-P 10 9:30 am Piano with Carol-P 10:15 am Regional Words- P 11:15 am Lunch Outing 2:15 pm Friends Social-Welcome New Residents-DR 3:15 pm Rummikube-P 4:15 pm Cards-P 6:00 pm Abundant Life Church- P	We Will Never Forget Day 11 9:00 am Current Events-DR 9:30 am Episcopal Service ALR 10:30 am Music /Roundlake Heartstrings-ALR Noon-Men's Luncheon-ALR P 1:15 pm Art Show Meeting-ALR 2:00 pm Bingo- ALR DR 3:30 pm Baking for first Responders-DR 4:30 pm Cards-P	9:00 am Current Events-P 12 9:30 am Musical Movements- P 10:30 am Flowering Arranging-AR 11:30 am Spelling Bee-P 2:00 pm Poke-no-LR 3:30 pm Painting with Janelle-P 4:45 pm Dice Game-P	9:00 am Current Events-P 13 9:30 Outing Plein Art Festival 10:00 am Catholic Service-LR 1:15 pm Walking Group 2:00 pm Bingo-DR 3:00 pm Assisted Living Week Art Award Ceremony & Music w/Guytonno-LR 4:30 pm Time Slips-P	9:00 am Current Events-P 14 9:30 am Exercise=P 10:00 am Outing -400 Church Street Car Show 1:15 om Walking Group 2:00 pm Chuck Oakes-DR 3:30 pm Where in the World?- P 4:15 pm Uno-P
9:00 am Current Events- P 15 10:00 am Exercise Ball-P 10:30 am Craft-Autum Leaf Wreath-P 11:00 am Manicures-AR 1:15 pm Sunday Strolling 2:15 pm Arm Chair Traveler-LR 3:45 pm Penny Ante-P 4:30 pm Porch Talks	9:00 am Current Events-P 16 9:30 am Stretch & Flex-P 10:00 am Twister Toss- P 10:30 am Ballston Spa Seniors singing-P 1:15 pm Walking Group 2:00 pm Bingo-DR 3:15 pm Name That Tune-P 4:15 pm Cards-P	9:00 am Current Events-P 17 9:30 am Stretch & Flex- P 10:15 am Dance Museum Outing 1:15 pm Walking Group 2:00 pm Poke-no-P 3:00 pm Presbyterian Svc-P 4:00 pm Scrabble-P	Word Game Wednesday 18 9:00 am Current Events-P 9:30 am Lutheran Service-LR 10:30 am Twister Toss-P 11:15 am The "Write Word" Game-P 1:15 pm Front Porch Chats 2:00 pm Bingo-DR 3:00 Music w/ Ody Show-DR 4:15 pm Yahtzee-P	9:00 am Current Events-P 19 9:30 am Musical Movements-P 10:30 am-Baking Club-AR 1:15 pm Walking Group-DR 2:00 pm Painting with Mary-P 3:30 pm Flower Arranging-AR 4:30 pm Cards-P 6:00 pm Western Movie Night-LR	9:00 am Current Events-P 20 9:30 am Exercise 10:00 am Catholic Service-LR 11:00 am Shepherd Store-P 1:15 pm Alphabet Game-P 2:00 pm Bingo-DR 3:00 pm Happy Hour w/ Jeff W-DR 4:30 pm Readings-P	9:00 am Current Events-P 21 9:30 am Exercise Class 10:00 am Craft-Fall Mason Jars-P 11:00 Oktoberfest Trivia-P 1:15 pm Walking Group- 2:00 pm Music with Tim Farkas-LR and Oktoberfest treats! 3:30 pm Oktoberfest Hangman-P 4:30 pm 30 second Mysteris-P Oktoberfest Begins
9:00 am Current Events-P 22 9:30am Coffee & Comics- P 10:00 am Outside stroll to collect leaves 10:45 am Leaf Collages- P 1:15 pm Walking Group 2:00 pm Piano w/Bev Oudt-P 3:30 pm Penny Ante-P 6:00 pm Sunday Night Movie-LR	9:00 am Current Events-P 23 9:30 am Chair Exercise-P 10:00 am History of Apple Farming-P 10:30 am Hymns with the Lincolns-P 1:15 pm Outing-Fall Ride to Saratoga Apple 2:00 pm Bingo-DR 3:15 pm Sing –a-long-P 4:30 pm Cards-P Autumn Begins	9:00 am Current Events-P 24 9:30 am Piano with Carol-P 10:30 am Wheel of Fortune 1:15 pm Catholic Mass with Father Rick- LR 2:00 pm Food Forum & Resident Council Meeting- DR 3:15 pm Rootbeer Floats-DR 3:30 pm Family Feud-P 4:30 pm Time Slips-P 6:00 pm Abundant Life Church-P	9:00 Current Events-P 25 9:30 am Episcopal Service-LR 10:30 Crafting Hour-P 1:15 pm Front Porch Reminisce 2:00 pm Bingo-DR 3:00 pm Country Fair & Music w/Bob M 4:30 pm Cards-P 6:00 Mid -Week Movie Night-LR	9:00 am Current Events-P 26 9:30 am Exercise Class-P 10:15 Baking Club-AR 1:15 pm Flower Arranging-AR 2:15 pm Pokeno-P 3:15 pm Beading-P 4:30 pm Reading-Spooky Story Agatha Christie-P	9:00 am Current Events-P 27 9:30 am Balloon Vollyball-P 10:00 am Catholic Service-LR 11:00 am Shepherd Store 1:15 pm Name That Tune-P 2:00 pm Bingo-DR 3:00 pm Tony & Alex Birthday Bash-DR 4:15 pm Remember & Reminisce-P	9:00 am Current Events-P 28 9:30 am Therabands-P 10:15 am Catch of The Day Game-P 1:15 pm Walking Group 2:00 pm Music w/Laura Collins-DR 3:30 pm Fall Craft-P 4:30 pm 30 Second Mysteris-P
9:00 am Current Events- P 29 10:00 am Exercise Ball-P 10:30 am Manicures-AR 11:30 am Mad Libs-P 1:15 pm Walking Group 2:00 pm Music w/ Judy-DR 3:15 pm Crafting Hour-Leaf Art-P 6:00 pm Movie Night-LR Happy Birthday Antoinette L.	9:00 am Current Events-P 30 9:30 am Stretch & Flex-P 10:15 am Outing to Walmart or Dollar Store 11:00 am Regional Words- P 1:15 pm Walking Group 2:00 pm Bingo- DR 3:00 pm Movie-A Star is Born-LR Rosh Hashanah (first Day)	<h1>September 2019</h1> <h2>Assisted Living Residence</h2> <p>LOCATION KEY: DR- Dining Room, L- Living Room, P- Parlor, AR- Activity Room</p>				

Activities are led by Valerie, Chris, Kat, Volunteers, & Care Staff. Activities are subject to change. If you have any questions or comments please call Trudi Cholewinski @ 518-581-2800.