


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
7:30 Breakfast at Saratoga Flat Track 10:00 Rosary Society 10:30 Sunday Mass 11:30 Stretch for Health 1:30 Chocolate Bingo 3:00 Craft Corner with Mary 4:30 Current Events 6:00 Evening News	9:30 Circle Walk 10:30 Rummi Kub 11:30 Rosary with Natalie 12:00 Labor Day Cookout! 1:30 Labor Day Word Search 2:30 Wii Games 3:30 Rootbeer Floats and Porch Chats 600 Evening News <i>Labor Day</i>	9:30 Walmart Outing 9:30 Circle Walk 10:00 Current Events And Coffee Klatch 10:45 Philosophy 101 Critical Thinking 11:30 /Rosary Society 1:00 "Scotia Sunshine" Senior Sing a Long 2:00 Resident Choice 6:00 Movie and Snack	9:00 Salon Opens 9:30 Circle Walk 10:00 Manicures/ Massages 1130 Rosary Society 1:00 Facials 2:45 Guytonno Performs 4:00 Mexican Train Dominoes 6:00 Evening News	9:30 Circle Walk 10:00 Light Weight Workout 10:30 CWI Store 10:30 Depart for Senior Picnic at Saratoga Fair Grounds 1:30 Bingo 3:00 Sewing Corner with Mary 4:00 Shared Reading with Gary " Frank Sinatra"	9:30 Circle Walk 10:15 Guided Meditation 11:15 Lunch Outing; The Mill on Round Lake 11:30 Rosary Society 1:00 Mr. Ding a Ling 2:00 Happy Hour with Cole Broderick 3:00 Rummikub 4:00 Hors d' Oeuvres	9:00 Coffee / Current Events 9:45 St. Clements Communion Service 10:45 Light Weight Workout with Gary 11:00 Bridge Club 1:30 John Wayne Matinee: Fort Apache and Popcorn Cart	
9:30 Circle Walk 10:00 Rosary Society 10:30 Sunday Mass 11:30 Stretch for Health 1:30 Chocolate Bingo 2:30 Salut to Grandparents with Judy Rosebrook 3:45 Pokeno 4:45 Supper Club: Favorite Dishes Discussion <i>Grandparents' Day</i>	9:30 Circle Walk 10:00 Bird Watching/feeding Club 11:00 Bridge Club 11:30 Rosary Society 1:30 Scenic Ride: Mansions of North Broadway and Union Avenues 3:00 Light Weight Workout 4:00 Bean Bag Baseball 6:00 Movie and Snack	9:30 Walmart Outing 9:30 Circle Walk 10:00 Flower Shop-D.R. 10:00 Hearing Aid CLinic 10:00 Lou Allen Performs 11:00 Protestant Service 1:30 Dollar Bingo 3:30 Art Class with Janelle 4:00 Share a Memory 6:00 Games with Gary	9:00 Salon Opens 9:30 Circle Walk 10:00 Manicures/ Massages 11:30 Rosary Society 1:00 Facials 2:30 Boradway Singalong with Cocktail Hour 3:30 Horse Racing	9:30 Circle Walk 10:00 Stretch to music 10:45 Science Class Craft: Mentos and Diet Coke 11:15 Bridge CLub 1:30 Bingo 3:00 Racing Game 4:15 Centered Breathing 6:00 " Sinatra" with Gary	9:30 Circle Walk 10:00 What would you do? 10:30 Hymn Sing 11:15 Lunch Outing: The Ice Cream Man 1:00 Mr. Ding a Ling 2:00 Happy Hour with Chuck Oakes 3: 00 Parlor Games	9:00 Coffee / Current Events 9:45 St. Clements Communion Service 10:15 Car Show at 400 Building 1:30 Movie Matinee ::Il Postino (The PostMan) 4:00 Resident's Choice Parlor Games	
9:30 Circle Walk 10:00 Rosary Society 10:30 Sunday Mass 11:30 Stretch for Health 1:30 Chocolate Bingo 2:45 Movie Matinee: The Cowboys- John Wayne 4:00 Shared Reading-" Frank Sinatra" 6:00 I Love Lucy Show	9:30 Circle Walk 10:00 Chair Tai Chi 10:45 Shake up a Memory 11:30 Rosary Society 1:30 Wii Bowling 3:00 Men's Club Meeting 4:15 Workout with Gary 6:00 Evening News	9:30 Walmart Outing 9:30 Circle Walk 10:00 What would you do? 11:00 Sewing Club with Mary 1:30 Dollar Bingo 2:30 Mitch Frasier Performs 3:45 Pinochle	9:00 Salon Opens 9:30 Circle Walk 10:00 Manicures/ Massages 11:00 Rosary Society 11:00 Lake George Cruise/Lunch 1:00 Facials 2:00 Library 2:15 Music of the Impressionists 3:00 Group Crossword	9:30 Circle Walk 10:00 Chair Tai Chi 10:30 CWI Store 1:30 Resident Council 3:00 Bingo 4:15 Shared Reading with Gary " Frank Sinatra" 6:00 Hangman and Word Games with Gary	POW/MIA Remembrance Day 9:30 Service of Remembrance- All Welcome-AR 11:15 Lunch Outing: Olive Garden 1:00 Mr. Ding a Ling 2:30 Sewing and Knitting 3:45 Craft Corner 6:00 Movie and Snack	9:00 Coffee / Current Events 9:45 St. Clements Communion Service 10:45 Fit and Trim workout with Gary 11:00 Bridge Club 1:30 Porch Time with Arnold Palmers 2:30 Rummikub <i>Oktoberfest Begins</i>	
9:30 Circle Walk 10:00 Rosary Society 10:30 Sunday Mass 11:30 Stretch for Health 1:30 Chocolate Bingo 2:45 Sunday Matinee: The Count of Monte Cristo 6:00 evening News	9:30 Circle Walk 10:00 Forever Fit 10:30 Josh Wein Piano Jazz 11:30 Rosary Society 1:30 Wii Golf 3:00 How Many Words? 4:00 Tasting Spiced Cider " Welcome Fall Party" 6:00 Resident Choice <i>Autumn Begins</i>	9:30 Walmart Outing 9:30 Circle Walk 10:00 Flower Shop A/R 11:00 Protestant Service 1:30 Dollar Bingo 2:45 Group Crossword 3:45 Mexican Train Dominoes 6:00 Pinochle Club	9:00 Salon Opens 9:30 Circle Walk 10:00 Manicures/ Massages 1:00 Facials 11:30 - 1:30 OKTOBERFEST Celebration! 2:30 Rosary Society 3:15 What's My Story?	9:30 Circle Walk 10:00 Food Forum 11:00 Bridge CLub 1:30 Poetry Club 2:30 Stretch for health 3:30 Sequence Game 4:30 Fit and Trim with Gary 6:00 Shared Reading with Gary " Sinatra"	9:30 Circle Walk 10:00 Cultures of the World Holiday Traditions 11:15 Lunch Outing: Mollie's Mason Jar 1:00 Mr. Ding a Ling 3:00 Happy Hour with Jeff Walton 4:00 Rummikub 6:00 Resident's Choice	9:00 Coffee / Current Events 9:45 St. Clements Communion Service 10:45 Chair Dancing with Mary 11:30 Centering Meditation 1:15 Craft Corner with Mary Leaf Pressing 2:45 Root Beer Floats and Porch Chat	
9:30 Circle Walk 10:00 Rosary Society 10:30 Sunday Mass 11:30 Stretch for Health 1:30 Chocolate Bingo 2:30 Sewing and Rootbeer Floats with Mary 6:00 " You bet your life" with Gracho Marx	9:30 Circle Walk 10:00 Baking Club: Potato Pancakes for the Holy Day 11:30 Rosary Society 1:15 You be the Judge 2:30 Joe Gorman Performs 4:00 Service of Rosh Hashana 6:00 Evening News <i>Rosh Hashanah (first day)</i>	 <h1 style="color: green; font-family: cursive;">September 2019</h1>					<p>This Calendar and Newsletter is provided by Richard Russo, SSM. Mary Samascott and Gary Blanchard, Activity Assistants. All Activity Events take place in the Activity Room unless noted on Daily Board and are led by Activity or Care Staff on Duty. Should a Substitution be required, it will be noted on Daily Activities Board. For questions or comments please see R. Russo, Activity Director, russo@hqshomes.com</p>